

Journal Pre-proof



Cerebral perfusion pressure and autoregulation in eclampsia – a case control study

Lina BERGMAN, MD, PhD, Catherine CLUVER, MD, PhD, Niclas CARLBERG, MD, Michael BELFORT, MD, PhD, Mary C. TOLCHER, MD, MSc, Ronney B. PANERAI, MD, PhD, Teelkien VAN VEEN, MD, PhD

PII: S0002-9378(21)00169-1

DOI: <https://doi.org/10.1016/j.ajog.2021.03.017>

Reference: YMOB 13759

To appear in: *American Journal of Obstetrics and Gynecology*

Received Date: 28 November 2020

Revised Date: 31 January 2021

Accepted Date: 2 March 2021

Please cite this article as: BERGMAN L, CLUVER C, CARLBERG N, BELFORT M, TOLCHER MC, PANERAI RB, VAN VEEN T, Cerebral perfusion pressure and autoregulation in eclampsia – a case control study, *American Journal of Obstetrics and Gynecology* (2021), doi: <https://doi.org/10.1016/j.ajog.2021.03.017>.

This is a PDF file of an article that has undergone enhancements after acceptance, such as the addition of a cover page and metadata, and formatting for readability, but it is not yet the definitive version of record. This version will undergo additional copyediting, typesetting and review before it is published in its final form, but we are providing this version to give early visibility of the article. Please note that, during the production process, errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

© 2021 The Author(s). Published by Elsevier Inc.

Cerebral perfusion pressure and autoregulation in eclampsia

– a case control study

Lina BERGMAN, MD, PhD¹⁻³, Catherine CLUVER, MD, PhD^{1,4,5}, Niclas CARLBERG,
MD⁶, Michael BELFORT, MD, PhD⁷, Mary C. TOLCHER, MD, MSc⁷, Ronney B
PANERAI, MD, PhD⁸, and Teelkien VAN VEEN, MD, PhD⁹

Cape Town, South Africa

¹Department of Obstetrics and Gynecology, Stellenbosch University, Cape Town, South Africa

²Department of Women's and Children's Health, Uppsala University, Uppsala, Sweden

³Department of Obstetrics and Gynecology, Institute of clinical sciences, Sahlgrenska Academy, University of
Gothenburg, Gothenburg, Sweden

⁴Translational Obstetrics Group, Department of Obstetrics and Gynaecology, University of Melbourne, Victoria,
Australia

⁵Mercy Perinatal, Mercy Hospital for Women, Heidelberg, Victoria, Australia

⁶Department of anesthesiology, Institute of clinical sciences, Sahlgrenska Academy, University of Gothenburg,
Gothenburg, Sweden

⁷Baylor College of Medicine, Department of Obstetrics and Gynecology, Houston, Texas, USA

⁸University of Leicester, Department of Cardiovascular Sciences, UK

⁹Department of Obstetrics and Gynecology, University Medical Center Groningen, Groningen, The Netherlands

Conflicts of interest

The authors report no conflict of interest.

Acknowledgements of financial support

The study was supported by the Swedish Medical Society, Märta Lundqvist foundation,

Mercy Perinatal and the Preeclampsia foundation. LB is supported by the Swedish Society for

28 Medical Research (SSMF) and the Swedish Research Council (VR). CC receives salary
29 support from the Mercy Perinatal Foundation.

30

31 *Corresponding author:*

32 Lina Bergman

33 Department of Obstetrics and Gynecology

34 PO Kvinnokliniken SU Östra

35 SE 416 85 Göteborg

36 Sweden

37 Telephone number 0046707920780

38 Email: lina.bergman.2@gu.se

39

40 *Word count*

41 Word Count Abstract: 308

42 Word Count Main Text: 2974

43

44 CONDENSATION AND SHORT VERSION OF TITLE

45 *Condensation:*

46 Dynamic cerebral autoregulation was less effective and cerebral perfusion pressure increased
47 in women with eclampsia compared to women with preeclampsia and normotensive
48 pregnancies.

49 *Short title:*

50 Depressed dynamic cerebral autoregulation in eclampsia

51

52 AJOG AT A GLANCE

53 *Why was this study conducted?*

54 To assess whether depressed dynamic cerebral autoregulation may be a part of the
55 pathophysiological pathway to cerebral edema and eclampsia.

56 *What are the key findings?*

57 Women with pregnancies complicated by eclampsia demonstrate the least effective
58 autoregulation followed by women with preeclampsia with severe features and then women
59 with preeclampsia without severe features.

60 *What does this study add to what is already known?*

61 While there are studies demonstrating depressed dynamic cerebral autoregulation in
62 preeclampsia when compared with normotensive controls, it is not known whether depressed
63 dynamic cerebral autoregulation is associated with cerebral complications in preeclampsia.
64 This study shows that depressed dynamic cerebral autoregulation may be an important
65 pathophysiological mechanism in the pathophysiology of cerebral edema and eclampsia in
66 pregnancies complicated by preeclampsia.

67 *Keywords:*

68 Preeclampsia, cerebral blood flow, cerebral autoregulation, cerebral perfusion pressure

69 ABSTRACT

70 **Background**

71 Dynamic cerebral autoregulation and cerebral perfusion pressure are altered in preeclampsia
72 compared to normotensive pregnancy, but the connections between dynamic cerebral
73 autoregulation, cerebral perfusion pressure and cerebral complications in preeclampsia remain
74 unclear.

75 **Objectives**

76 To assess dynamic cerebral autoregulation and cerebral perfusion pressure after delivery in
77 women with eclampsia, preeclampsia both with and without severe features, and in
78 normotensive women.

79 **Study design**

80 Prospective case control study at a large referral hospital in Cape Town, South Africa.

81 Women were included at diagnosis (cases) or at admission for delivery (controls).

82 Transcranial Doppler examinations with continuous non-invasive blood pressure
83 measurements and end-tidal CO₂ were conducted for cases and controls after delivery.

84 Cerebral perfusion pressure and dynamic cerebral autoregulation index were calculated and
85 values were compared between groups.

86 **Results**

87 We included 16 women with eclampsia, 18 women with preeclampsia with severe features,
88 32 women with preeclampsia without severe features, and 21 normotensive women with
89 uncomplicated pregnancies. Dynamic cerebral autoregulation was depressed in women with
90 eclampsia; (autoregulation index 3.9; interquartile range 3.1-5.2) compared to all other groups
91 (preeclampsia with severe features, autoregulation index 5.6; interquartile range 4.4-6.8,
92 preeclampsia without severe features, autoregulation index 6.8; interquartile range 5.1-7.4 and
93 normotensive controls, autoregulation index 7.1; IQR 6.1-7.9). Women with eclampsia had

94 increased cerebral perfusion pressure (109.5 mm Hg; IQR 91.2-130.9) compared to women
95 with preeclampsia without severe features and normotensive pregnancy (84 mm Hg;
96 interquartile range 73.0-122.0 and 80.0 mm Hg; interquartile range 67.5-92.0, respectively),
97 while there was no difference in cerebral perfusion pressure between women with eclampsia
98 and women with preeclampsia with severe features (109.5 mm Hg; interquartile range 91.2-
99 130.9 vs 96.5 mm Hg; interquartile range 75.8-110.5).

100

101 **Conclusions**

102 Cerebral perfusion pressure, and in particular dynamic cerebral autoregulation, are altered in
103 eclampsia and may be important in the pathophysiological pathway and in addition constitute
104 a therapeutic target in the prevention of cerebral complications in preeclampsia.

105 INTRODUCTION

106 Preeclampsia, defined as hypertension with end-organ dysfunction after 20 weeks of
107 gestation, is a multisystem disorder that complicates 4-6% of all pregnancies.^{1, 2} Cerebral
108 complications, which include convulsions, cerebral edema and hemorrhage, often result in
109 severe maternal morbidity and mortality.³ Long-term neurological effects of preeclampsia and
110 its complications include an increased risk for white matter lesions, stroke, seizure disorders
111 and vascular dementia later in life.⁴⁻⁶

112 The underlying pathophysiological mechanism of cerebral complications in preeclampsia has
113 not been fully elucidated. Endothelial dysfunction at the blood-brain barrier level, in
114 combination with-, or resulting in cerebral blood flow alteration, is a leading theory.⁷ Studies
115 using transcranial Doppler ultrasound have consistently shown increased cerebral perfusion
116 pressure (CPP) in preeclampsia, albeit with large variances within groups.⁸⁻¹¹ Dynamic
117 cerebral autoregulation (DCA) is a physiological process that maintains cerebral blood flow
118 relatively constant despite changes in blood pressure (BP). Altered DCA may cause over- or
119 under-perfusion injury and subsequent cerebral edema. Using transcranial Doppler and
120 continuous BP measurement, DCA has been shown to be depressed in preeclampsia
121 compared to normotensive pregnancy.¹¹ It is not known whether CPP and / or DCA have a
122 direct role in the development of the cerebral complications of preeclampsia including
123 cerebral edema and eclamptic convulsions, and whether CPP and / or DCA differ with regard
124 to severity of disease.

125

126 We aimed to assess whether women with eclampsia demonstrate a less effective dynamic
127 cerebral autoregulation, and have different cerebral perfusion pressure, than women with
128 other phenotypes of preeclampsia (preeclampsia with and without severe features excluding
129 eclampsia) and women with normotensive pregnancy.

130

131 MATERIALS AND METHODS

132 Ethical approval was obtained (protocol number N18/03/034, Federal Wide assurance number
133 00001372, Institutional Review Board number IRB0005239) and all included participants
134 signed informed consent before being enrolled in the PROVE biobank.

135

136 *Population*

137 We included women with preeclampsia and women with normotensive pregnancy who were
138 recruited to the PROVE (Preeclampsia Obstetric Adverse Events) biobank and database at
139 Tygerberg Hospital, Cape Town, South Africa. The PROVE biobank is an ongoing
140 collaborative project to facilitate research in the field of preeclampsia. Tygerberg Hospital is
141 the largest referral hospital in the Western Cape Province of South Africa. In 2018 there were
142 32 422 deliveries in the referral area, of which 8067 were considered high risk and delivered
143 at Tygerberg. PROVE biobank includes the majority of women with eclampsia and about 50
144 women with eclampsia are recruited yearly.

145 For this study, we included only women with singleton pregnancy. Exclusion criteria included
146 known neurological or cardiac disease. For normotensive women, additional exclusion criteria
147 were chronic hypertension and diabetes mellitus. All women were examined within five days
148 of delivery, with the majority within 48 hours. Preeclampsia was defined according to the
149 American College of Obstetricians and Gynecologists (ACOG) 2019 Practice Bulletin.¹²
150 Eclampsia was confirmed when preeclampsia was complicated by witnessed generalized
151 tonic-clonic seizures in the absence of another etiology. Pulmonary edema was diagnosed
152 when there was worsening dyspnea, bibasilar inspiratory crackles on auscultation and features
153 of pulmonary edema on chest x-ray. Hemolysis, Elevated Liver Enzymes and Low Platelets
154 (HELLP) syndrome and preeclampsia without severe features were diagnosed in accordance

155 with the ACOG Practice Bulletin.¹² A woman was considered normotensive if she had no
156 documented systolic BP greater than or equal to 140 mmHg or a diastolic BP greater than or
157 equal to 90 mmHg during her pregnancy.

158

159 Baseline data were obtained by interview and extraction from medical records. All data were
160 entered and stored using REDCap (Research Electronic Data Capture) tools hosted at
161 Stellenbosch University.¹³ Data were double checked for accuracy and audited with original
162 data collection forms.

163 *Dynamic cerebral autoregulation and cerebral perfusion pressure*

164 The examination was carried out postpartum in all women. At the time of transcranial
165 Doppler (TCD) examination, non-invasive brachial systolic (SBP) and diastolic (DBP) blood
166 pressure was measured. With the women in supine or semi-Fowlers position, maternal TCD
167 interrogation of the middle cerebral artery (MCA) was carried out using a 2 MHz pulsed,
168 range gated transcranial Doppler probe (Spencer Technologies, Seattle, WA), held in place
169 using a head frame. Measurements were done bilaterally if possible.

170 BP was continuously measured non-invasively using finger arterial volume clamping
171 (Finometer Pro, Finapres Medical Systems, Amsterdam, The Netherlands) with the servo-
172 adjust switched off, and was post facto calibrated with the brachial BP. The BP tracing also
173 served to mark each cardiac cycle. End-tidal CO₂ (EtCO₂) was measured with a nasal cannula
174 (Nellcor Oximax N-85, Covidien, Mansfield, MA), and linearly interpolated at the end of
175 each expiratory phase.

176 TCD measurements were made during a single 7 minute episode and spontaneous fluctuations
177 in systemic blood pressure were used when calculating the ARI. All data were recorded at 50
178 Hz, interpolated to 200 Hz, and visually inspected during analysis to remove large spikes. A
179 median filter was used to remove small spikes and artifacts in the cerebral blood flow velocity

180 (CBFV) signal. All signals were then low-pass filtered with a Butterworth filter with a cutoff
181 frequency of 20 Hz. Mean BP, bilateral CBFV, EtCO₂ and heart rate were then calculated for
182 each beat.¹⁴ The reported CBFV and CPP values are the average values over the 7-minute
183 baseline recording.

184 Cerebral autoregulation was determined from the CBFV responses to spontaneous
185 fluctuations in mean arterial BP as described previously.¹⁴ Segments of 512 samples and 50%
186 superposition were transformed with the fast Fourier (FFT) algorithm, using the Welch
187 method to obtain the transfer function parameters coherence, gain and phase shift in the very
188 low- frequency range (0.02–0.07 Hz), where dynamic CA is most active, as well as in low
189 frequency range (0.07–0.20 Hz).¹⁵

190 The inverse FFT was then applied to estimate the impulse and step responses. The CBFV step
191 response to a sudden change in BP was compared to 10 template curves proposed by Tiecks
192 et al.¹⁶ and the best-fit curve corresponded to the autoregulation index (ARI). A value of
193 ARI=9 represents the best observed cerebral autoregulation, while ARI=0 corresponds to
194 absence of DCA. Measurements were rejected if mean coherence function was < 0.19 and
195 when the normalized mean square error for fitting the step response was >0.30.¹⁶

196 Cerebral perfusion pressure (CPP) was calculated using the averages of the velocity and
197 maternal BP data as follows: $CPP = [\text{velocity}_{\text{mean}} / (\text{velocity}_{\text{mean}} - \text{velocity}_{\text{diastolic}})](\text{mean arterial}$
198 $\text{BP} - \text{diastolic BP})$.¹⁰

199 *Statistics*

200 Demographic and clinical characteristics were presented as means with standard deviations
201 (SD) and percentages and were compared between groups by ANOVA and chi-square tests.
202 ARI, CPP and transfer function analyses (TFA) variables were presented as medians with
203 interquartile range (IQR) and compared between groups using the Kruskal Wallis test and for
204 ARI and CPP pairwise comparisons with Mann Whitney U-test and Bonferroni correction. In

205 all hypothesis tests, a p-value of less than 0.05 was considered statistically significant. Data
206 and statistical analyses were performed using SPSS version 26.0 (SPSS; PASW statistics) for
207 MAC software package.

208 To detect a difference in ARI between women with preeclampsia and women with
209 normotensive pregnancy, a sample size of 32 in each group was required based on a previous
210 publication with a difference of 1.2 with an SD of 1.7.¹¹ We estimated that the difference in
211 ARI would be 1.7 between women with eclampsia and women with normotensive pregnancy
212 with a SD of 1.7. The sample size for a between group difference was set at 16 women with
213 eclampsia and at least an equal number of women in the control group.

214

215 RESULTS

216 This study was conducted from April 2018 until March 2020 during which time 316 women
217 were included in the PROVE Biobank. Of these women, 109 women had assessment of DCA.
218 The study population is described in Figure 1. Women were excluded due to missing
219 postpartum measurement (n=15), drift of the BP signal (n=2), too much noise in the TCD
220 measurement (n=5), sickle cell anemia (n=1), or development of hypertension following
221 inclusion in the control group (n=3). Of the 87 women included in the study, 16 had
222 eclampsia, 18 had preeclampsia with severe features, 32 had preeclampsia without severe
223 features and 21 had normotensive pregnancies.

224 *Background characteristics*

225 Maternal characteristics and pregnancy outcomes are presented in Table 1. Compared to the
226 other groups, women with eclampsia were generally younger, more commonly nulliparous,
227 and more likely to smoke and use alcohol. In the group of women with preeclampsia with
228 severe features, 7 (39%) had HELLP, 9 (50%) had pulmonary edema and 3 (17%) had renal

229 impairment. In the group of women with eclampsia, the corresponding numbers were 1 (6%)
230 for HELLP, pulmonary edema and renal impairment, respectively.

231 At time of transcranial Doppler examination, all women with eclampsia either had previous or
232 current treatment with magnesium sulfate compared to 93% of women with preeclampsia
233 with severe features and 76% of women with preeclampsia without severe features. Two
234 (10%) of normotensive women had undergone treatment with magnesium sulfate for fetal
235 neuroprotection due to threatened preterm labor. 94% of women with eclampsia or
236 preeclampsia were on antihypertensive medications at the time of examination.

237 *Dynamic cerebral autoregulation*

238 ARI was measured either on the left side, the right side, or bilaterally depending on where the
239 signal could be best determined. If both sides were recorded, the mean ARI was calculated
240 and if not, either the left or right side was registered. In Table 2, both recordings from left and
241 right side are presented in addition to the pooled value including missing values. Women with
242 eclampsia demonstrated a lower ARI (3.9; IQR 3.1-5.2), reflecting less effective dynamic
243 cerebral autoregulation, compared to all other groups (preeclampsia with severe features, ARI
244 5.6; IQR 4.4-6.8, preeclampsia without severe features, ARI 6.8; IQR 5.1-7.4 and
245 normotensive controls, ARI 7.1; IQR 6.1-7.9). Pairwise comparisons between groups are
246 presented in Figure 2a. Deterioration of cerebral autoregulation in the eclampsia group was
247 confirmed by the reduced values of TFA phase shift for the VLF band (Supplemental Table
248 1).

249 There was no difference in ARI between women with preeclampsia with severe features,
250 preeclampsia without severe features and normotensive controls after Bonferroni correction
251 (Figure 2a). Similarly to the ARI, phase shift, gain and coherence were not different for these
252 groups (Supplemental Table 1).

253

254 *Cerebral perfusion pressure*

255 The cerebral perfusion pressure (CPP) was also measured either on the left side, the right side
256 or bilaterally depending on where the signal could be best recorded. If both sides were
257 recorded, the mean CPP was calculated and if not, either the left or right side was registered.
258 In Table 2, both recordings from left and right side are presented in addition to the pooled
259 value including missing values. Women with eclampsia demonstrated an increased CPP
260 (109.5 mm Hg; IQR 91.2-130.9) compared to women with preeclampsia without severe
261 features and normotensive controls (84 mm Hg; IQR 73.0-122.0 and 80.0 mm Hg; IQR 67.5-
262 92.0, respectively). There was no difference between women with eclampsia and women with
263 preeclampsia with severe features (109.5 mm Hg; IQR 91.2-130.9 vs 96.5 mm Hg; IQR 75.8-
264 110.5).

265 There was no difference in CPP between women with preeclampsia with severe features,
266 preeclampsia without severe features and normotensive controls after Bonferroni correction
267 (Figure 2b).

268

269 COMMENT

270 *Principal findings*

271 In this study, we found depressed DCA in women with eclampsia when compared to those
272 with preeclampsia (both with and without severe features) and to normotensive controls.
273 Women with eclampsia also demonstrated increased CPP, however, the difference was only
274 present when compared to women with less severe disease and normotensive controls and did
275 not hold true when compared with women with preeclampsia with severe features.

276 *Results in context*

277 It has previously been demonstrated that women with preeclampsia have depressed DCA
278 compared to women with normotensive pregnancy.¹¹ In this study, we chose to use the same

279 method to calculate DCA and CPP in order to be able to compare our results and in addition,
280 it is a safe method without discomfort for the study participant.¹⁷ Our results complement this
281 by showing that preeclampsia with evidence of neurological impairment (i.e. eclampsia) is
282 associated with even less effective DCA, as shown by both ARI and the phase shift in the
283 VLF range, than preeclampsia without neurological impairment, despite BP being similar in
284 these groups. This association supports the theory that depressed DCA may contribute to
285 cerebral complications such as cerebral edema, seizures and stroke seen in women with
286 preeclampsia with severe features. To our knowledge, only a single study on DCA in
287 eclampsia has been published which described a severely reduced phase shift and elevated
288 gain in two patients with eclampsia.¹⁸ These changes are highly suggestive of depressed DCA
289 in these patients.

290 While rarely applied in obstetric research, DCA is commonly used to examine the
291 pathophysiology of cerebral blood flow regulation, giving insight to the structural and
292 functional changes of endothelial function, and the smooth muscle response and sensitivity to
293 sympathetic activity.¹⁹ Studies in stroke¹⁹ and traumatic brain injury¹⁷ show results in line
294 with our study: significantly reduced ARI in patients with a stroke compared to controls¹⁹ and
295 a lower ARI in non-survivors versus survivors in traumatic brain injury, with ARI being an
296 important variable able to reliably predict outcome.¹⁹

297 In our study, DCA was not different between women with preeclampsia and women with
298 normotensive pregnancy which is in contrast to earlier findings.¹¹ This is most likely caused
299 by a type 2 error associated with the four different groups which demands a larger sample size
300 to achieve the same results, and possibly by a difference in population characteristics such as
301 ethnicity. The median ARI in our control group was slightly higher than in a previous study
302 (median of 7.1 (IQR 6.1-7.9) vs a mean of 6.7 ± 0.6 SD),¹¹ and the ARI in all women with
303 preeclampsia (with and without severe features combined) was 6.2 (IQR 4.8-7.2), also higher

304 than previously reported (mean of 5.5 ± 1.7 SD), despite using the same equipment and
305 analysis software.¹¹ In addition, our study was conducted postpartum whereas earlier studies
306 have examined women before delivery. Since the cerebral blood flow is altered in pregnancy,
307 this might also contribute to the different results in our study.¹¹

308 Previous studies suggest that women with preeclampsia demonstrate an increased CPP
309 compared to normotensive controls, but preeclampsia has also been associated with
310 underperfusion (as indicated by CPP and compared to 95% confidence intervals for normal
311 pregnancy): 52% of women with preeclampsia without severe features have underperfusion
312 and 59% of women with preeclampsia with severe features have overperfusion,²⁰ with women
313 with headache being more likely to have abnormal CPP than those without headache.²¹

314 In our population, this difference was not statistically significant, perhaps due to large
315 variances and a small sample size. Other explanations could be treatment effects. Magnesium
316 sulfate treatment has been shown to reduce the CPP in women with preeclampsia and increase
317 the CPP at baseline.¹⁷ In our population, the great majority of women with preeclampsia, and
318 all women with eclampsia, had current or previous treatment with magnesium sulfate. Thus,
319 this might have reduced the CPP in those groups and reduced the difference between women
320 with preeclampsia and normotensive controls. The same decrease in CPP in preeclampsia has
321 also been reported after labetalol and nifedipine administration, medications commonly used
322 in our population of women with eclampsia.²²

323 *Clinical implications*

324 The most common cause of maternal mortality in preeclampsia is neurological catastrophe.
325 Therefore, it is imperative to understand the underlying pathophysiological pathways to
326 cerebral complications in preeclampsia. DCA, and to some extent CPP, may add to our
327 understanding of the pathophysiology. Currently, eclampsia and imminent eclampsia are

328 treated with magnesium sulfate.¹² The mechanism of action is not known but is thought to
329 involve actions at the NMDA receptor, inhibition of neuroinflammation and perhaps
330 unspecified effects on the blood brain barrier.²³ Magnesium sulfate has also been shown to
331 decrease CPP in preeclampsia as discussed above.²⁴ If DCA and CPP are confirmed in future
332 studies to be important in the development of cerebral complications in preeclampsia,
333 medications such as magnesium sulfate, antihypertensive medications, and potential new drug
334 targets could be evaluated with DCA and CPP endpoints. This could accelerate and facilitate
335 identification of women at risk for cerebral complications, and thus decrease maternal
336 morbidity and mortality.

337 In addition to the short-term complications, women with previous preeclampsia also suffer
338 long-term neurological sequelae such as stroke, dementia and epilepsy.⁴⁻⁶ Currently, it is not
339 clear which women run the highest risk of developing these late complications. DCA and CPP
340 might also be useful to predict the long-term effects of preeclampsia and future studies should
341 perhaps include a focus on cerebral blood flow regulation and long-term cerebrovascular
342 health following a pregnancy complicated by preeclampsia.

343 In relation to other disorders, such as ischemic heart failure with high risk of later cognitive
344 impairment and ischemic stroke, an ARI < 4 has been considered as severely depressed.^{25, 26}

345 In this cohort, none of the women with normotensive pregnancies but almost half of women
346 with eclampsia demonstrated an ARI < 4. Thus, findings of later cognitive impairment in
347 preeclampsia and eclampsia could perhaps have an association with ARI after diagnosis but
348 this remains to be proven.

349 *Research implications*

350 The incidence of preeclampsia and eclampsia are affected by geographic, social and economic
351 differences. This is the first study on DCA in this specific sub-Saharan population. The ARI

352 in both the control group and the group of women with preeclampsia appear to be higher than
353 previously reported in different populations, though the women in our study were examined
354 postpartum. Whether a baseline population difference exists should be studied in more detail
355 before cohorts from different populations are combined or compared.

356 *Strengths and limitations*

357 This study included a large number of women with severe disease which enabled us to assess
358 different phenotypes of preeclampsia. To perform assessments on women with severe disease
359 such as eclampsia is difficult in high income countries since the incidence is low (~1/2,000).²⁷
360 Despite performing this study in a setting where eclampsia is more prevalent and where we
361 were able to recruit this cohort in a relatively short time period, the study remains
362 underpowered to show differences between preeclampsia and the other groups. This is
363 unfortunately a common issue in studies on cerebral autoregulation.¹⁹

364 Another limitation of the study was that all of our measurements were performed after onset
365 of seizures in women with eclampsia. Thus, the depressed DCA might have evolved post
366 seizures and might not have been present before, though this is unlikely given the progressive
367 effect noted. To conduct measurements before onset of seizures would be impossible since
368 eclampsia is unpredictable and rare, even in this population.

369 *Conclusions*

370 There is evidence of depressed DCA in eclampsia and our data suggest a clear “dose-
371 response” effect, with the worst DCA in women with eclampsia and the best in normotensive
372 women. In addition, women with eclampsia demonstrate increased CPP compared to women
373 with preeclampsia without severe features and those with normotensive pregnancy.

374

375 **ACKNOWLEDGMENTS**

376 We thank all the women who were willing to be enrolled in the study, the staff at Tygerberg
377 Hospital for their support of the research project, Sonja Schell for recruiting participants,
378 collecting and entering the baseline data. We also thank Lynn Cluft and Natali Talukder for
379 including women and performing TCD measurements.
380

Journal Pre-proof

381 REFERENCES

- 382 1. MOL BWJ, ROBERTS CT, THANGARATINAM S, MAGEE LA, DE GROOT CJM, HOFMEYR
383 GJ. Pre-eclampsia. *Lancet* 2016;387:999-1011.
- 384 2. ABALOS E, CUESTA C, GROSSO AL, CHOU D, SAY L. Global and regional estimates of
385 preeclampsia and eclampsia: a systematic review. *European journal of obstetrics,
386 gynecology, and reproductive biology* 2013;170:1-7.
- 387 3. DULEY L. The global impact of pre-eclampsia and eclampsia. *Semin Perinatol*
388 2009;33:130-7.
- 389 4. BASIT S, WOHLFAHRT J, BOYD HA. Pre-eclampsia and risk of dementia later in life:
390 nationwide cohort study. *BMJ* 2018;363:k4109.
- 391 5. NERENBERG KA, PARK AL, VIGOD SN, et al. Long-term Risk of a Seizure Disorder
392 After Eclampsia. *Obstet Gynecol* 2017;130:1327-33.
- 393 6. McDONALD SD, MALINOWSKI A, ZHOU Q, YUSUF S, DEVEREAUX PJ. Cardiovascular
394 sequelae of preeclampsia/eclampsia: a systematic review and meta-analyses.
395 *American heart journal* 2008;156:918-30.
- 396 7. BERGMAN L, TORRES-VERGARA P, PENNY J, et al. Investigating Maternal Brain
397 Alterations in Preeclampsia: the Need for a Multidisciplinary Effort. *Current
398 hypertension reports* 2019;21:72.
- 399 8. BELFORT MA, SAADE GR, YARED M, et al. Change in estimated cerebral perfusion
400 pressure after treatment with nimodipine or magnesium sulfate in patients with
401 preeclampsia. *Am J Obstet Gynecol* 1999;181:402-7.
- 402 9. BELFORT MA, TOOKE-MILLER C, ALLEN JC, JR., DIZON-TOWNSON D, VARNER MA.
403 Labetalol decreases cerebral perfusion pressure without negatively affecting cerebral
404 blood flow in hypertensive gravidas. *Hypertension in pregnancy : official journal of
405 the International Society for the Study of Hypertension in Pregnancy* 2002;21:185-97.

- 406 10. BELFORT MA, TOOKE-MILLER C, VARNER M, et al. Evaluation of a noninvasive
407 transcranial Doppler and blood pressure-based method for the assessment of cerebral
408 perfusion pressure in pregnant women. Hypertension in pregnancy : official journal of
409 the International Society for the Study of Hypertension in Pregnancy 2000;19:331-40.
- 410 11. VAN VEEN TR, PANERAI RB, HAERI S, GRIFFIOEN AC, ZEEMAN GG, BELFORT MA.
411 Cerebral autoregulation in normal pregnancy and preeclampsia. Obstet Gynecol
412 2013;122:1064-9.
- 413 12. ACOG Practice Bulletin No. 202: Gestational Hypertension and Preeclampsia. Obstet
414 Gynecol 2019;133:e1-e25.
- 415 13. HARRIS PA, TAYLOR R, MINOR BL, et al. The REDCap consortium: Building an
416 international community of software platform partners. J Biomed Inform
417 2019;95:103208.
- 418 14. PANERAI RB, WHITE RP, MARKUS HS, EVANS DH. Grading of cerebral dynamic
419 autoregulation from spontaneous fluctuations in arterial blood pressure. Stroke; a
420 journal of cerebral circulation 1998;29:2341-6.
- 421 15. CLAASSEN JA, MEEL-VAN DEN ABEELLEN AS, SIMPSON DM, PANERAI RB,
422 INTERNATIONAL CEREBRAL AUTOREGULATION RESEARCH N. Transfer function
423 analysis of dynamic cerebral autoregulation: A white paper from the International
424 Cerebral Autoregulation Research Network. Journal of cerebral blood flow and
425 metabolism : official journal of the International Society of Cerebral Blood Flow and
426 Metabolism 2016;36:665-80.
- 427 16. TIECKES FP, LAM AM, AASLID R, NEWELL DW. Comparison of static and dynamic
428 cerebral autoregulation measurements. Stroke; a journal of cerebral circulation
429 1995;26:1014-9.

- 430 17. PANERAI RB, KERINS V, FAN L, YEOMAN PM, HOPE T, EVANS DH. Association
431 between dynamic cerebral autoregulation and mortality in severe head injury. *Br J*
432 *Neurosurg* 2004;18:471-9.
- 433 18. OEHM E, HETZEL A, ELS T, et al. Cerebral hemodynamics and autoregulation in
434 reversible posterior leukoencephalopathy syndrome caused by pre-/eclampsia.
435 *Cerebrovasc Dis* 2006;22:204-8.
- 436 19. INTHARAKHAM K, BEISHON L, PANERAI RB, HAUNTON VJ, ROBINSON TG. Assessment
437 of cerebral autoregulation in stroke: A systematic review and meta-analysis of studies
438 at rest. *Journal of cerebral blood flow and metabolism : official journal of the*
439 *International Society of Cerebral Blood Flow and Metabolism* 2019;39:2105-16.
- 440 20. BELFORT MA, GRUNEWALD C, SAADE GR, VARNER M, NISELL H. Preeclampsia may
441 cause both overperfusion and underperfusion of the brain: a cerebral perfusion based
442 model. *Acta obstetrica et gynecologica Scandinavica* 1999;78:586-91.
- 443 21. BELFORT MA, SAADE GR, GRUNEWALD C, et al. Association of cerebral perfusion
444 pressure with headache in women with pre-eclampsia. *Br J Obstet Gynaecol*
445 1999;106:814-21.
- 446 22. TOLCHER MC, FOX KA, SANGI-HAGHPEYKAR H, CLARK SL, BELFORT MA.
447 Intravenous labetalol versus oral nifedipine for acute hypertension in pregnancy:
448 effects on cerebral perfusion pressure. *Am J Obstet Gynecol* 2020;223:441 e1-41 e8.
- 449 23. JOHNSON AC, TREMBLE SM, CHAN SL, et al. Magnesium sulfate treatment reverses
450 seizure susceptibility and decreases neuroinflammation in a rat model of severe
451 preeclampsia. *PLoS One* 2014;9:e113670.
- 452 24. BELFORT M, ALLRED J, DILDY G. Magnesium sulfate decreases cerebral perfusion
453 pressure in preeclampsia. *Hypertension in pregnancy : official journal of the*
454 *International Society for the Study of Hypertension in Pregnancy* 2008;27:315-27.

- 455 25. NOGUEIRA RC, LAM MY, LLWYD O, et al. Cerebral autoregulation and response to
456 intravenous thrombolysis for acute ischemic stroke. *Sci Rep* 2020;10:10554.
- 457 26. CALDAS JR, PANERAI RB, HAUNTON VJ, et al. Cerebral blood flow autoregulation in
458 ischemic heart failure. *Am J Physiol Regul Integr Comp Physiol* 2017;312:R108-R13.
- 459 27. ANDERSGAARD AB, HERBST A, JOHANSEN M, et al. Eclampsia in Scandinavia:
460 incidence, substandard care, and potentially preventable cases. *Acta obstetricia et*
461 *gynecologica Scandinavica* 2006;85:929-36.

462

463

464 **Table 1.** Maternal characteristics and pregnancy outcomes of the study population.

	Eclampsia	Preeclampsia with severe features	Preeclampsia without severe features	Normal pregnancy
n	16	18	32	21
At baseline				
Maternal age (years)	23.5 (5.9)	29.0 (6.2)	29.4 (7.2)	29.8 (6.8)
Race (%)				
<i>Black</i>	8 (50)	12 (67)	21 (66)	13 (62)
<i>Mixed race</i>	8 (50)	6 (33)	10 (31)	8 (38)
<i>White</i>	0 (0)	0 (0)	1 (3)	0 (0)
Nulliparous (%)	10 (63)	7 (44)	10 (31)	5 (24)
HIV (%)	1 (6)	6 (33)	4 (13)	4 (19)
Smoking (%)	4 (27)	0 (0)	3 (9)	2 (10)
Missing (%)	1 (6)	2 (11)	0 (0)	1 (5)
Alcohol use (%)	3 (20)	0 (0)	1 (3)	0 (0)
Missing (%)	1 (6)	2 (11)	0 (0)	1 (5)
Metamphetamine use (%)	0 (0)	0 (0)	1 (3)	0 (0)
Missing (%)	1 (5)	0 (0)	0 (0)	2 (10)
Diabetes (%)			2 (7)	2 (9)
<i>Pregestational</i>	0 (0)	0 (0)	1 (3)	1 (5)
<i>Pregnancy induced</i>	1 (5)	1 (6)	1 (3)	1 (5)
Chronic hypertension (%)	1 (6)	3 (17)	9 (28)	0(0)
Neurological disease (%)	0 (0)	0 (0)	0 (0)	0 (0)
BMI (kg/m²)	25.2 (3.4)	28.5 (8.4)	29.4 (6.1)	27.3 (9.5)
Missing (%)	1 (6)	3 (17)	2 (6)	2 (10)
At delivery				
GA at delivery (weeks)	34.3 (4.3)	32.8 (4.5)	34.1 (4.0)	36.8 (3.8)
Missing (%)	0 (0)	0 (0)	1 (3)	0 (0)
Mode of delivery (%)				
<i>Vaginal delivery</i>	3 (19)	2 (13)	7 (22)	4 (19)
<i>Elective CS</i>	0 (0)	1 (6)	2 (6)	14 (67)
<i>Emergency CS</i>	13 (81)	13 (81)	23 (72)	3 (14)
Liveborn (%)	16 (100)	16 (89)	31 (97)	21 (100)
Missing (%)	0 (0)	0 (0)	1 (3)	0 (0)
Birthweight (g)	2096 (764)	1754 (826)	2176 (887)	2880 (873)
Missing (%)	0 (0)	1 (6)	0 (0)	0 (0)
Complications				
<i>HELLP</i>	1 (6)	7 (39)	0 (0)	0 (0)
<i>Pulmonary edema</i>	1 (6)	9 (50)	0 (0)	0 (0)
<i>Renal impairment*</i>	1 (6)	3 (17)	0 (0)	0 (0)
At TCD examination				
Mean arterial BP (mmHg)	103.6 (17.7)	103.4 (12.4)	108.7 (14.6)	88.9 (8.6)
Magnesium sulfate n (%)				
<i>No</i>	0 (0)	1 (7)	7 (24)	19 (91)

<i>Finished treatment</i>	4 (25)	5 (33)	10 (35)	2 (10)
<i>Current treatment</i>	12 (75)	9 (60)	12 (41)	0 (0)
Missing (%)	0 (0)	3 (17)	3 (9)	0 (0)
Hb (g/dL)	10.9 (2.3)	10.3 (1.8)	11.4 (1.6)	10.7 (1.6)
Missing (%)	0 (0)	3 (17)	1 (3)	0 (0)
Blood pressure treatment				
<i>None</i>	1 (6)	1 (6)	2 (6)	20 (95)
<i>Oral</i>	7 (44)	9 (50)	22 (69)	1 (0)
<i>Intravenous and oral</i>	8 (50)	8 (44)	8 (25)	0 (0)
ETCO₂ (mmHg)	33.6 (32.8,35.6)	34.3 (30.3,35.6)	34.8 (33.0,36.4)	33.6 (32.4,36.2)

465 Values are presented as means (standard deviation), medians (interquartile range) and numbers (percentage).

466 BMI; Body Mass Index, BP; blood pressure, GA; gestational age, Hb; Hemoglobin, HIV; Human

467 Immunodeficiency Virus, SD; standard deviation

468 *Creatinine >120 $\mu\text{mol/L}$

469

470

471

472

473 **Table 2.** Cerebral perfusion pressure and autoregulatory index in the study population

	Eclampsia	Preeclampsia with severe features	Preeclampsia without severe features	Normal pregnancy	p-value
n	16	18	32	21	
CPP left (mm Hg)	105.0 (87-116.5)	96.6 (70.5-108.6)	89.3 (69.8-111.3)	76.0 (64.0-93.0)	<0.05
Missing (%)	3 (19)	2 (11)	10 (31)	6 (29)	
CPP right (mm Hg)	108.8 (89.9-132.5)	97.0 (80.0-107.5)	91.5 (73.0-121.8)	77.0 (68.0-95.0)	<0.01
Missing (%)	4 (25)	6 (33)	8 (25)	0 (0)	
CPP mean (mm Hg)	109.5 (91.2-130.9)	96.5 (75.8-110.5)	84.0 (73.0-122.0)	80.0 (67.5-92.0)	<0.01
Missing (%)	0 (0)	0 (0)	1 (3)	0 (0)	
ARI left	4.5 (3.2-6.7)	5.6 (4.2-6.4)	6.7 (5.0-7.3)	7.0 (6.4-8.0)	<0.05
Missing (%)	3 (19)	2 (11)	10 (31)	8 (38)	
ARI right	3.7 (2.9-4.8)	6.0 (4.4-8.1)	6.7 (3.9-7.6)	7.1 (6.5-7.8)	<0.01
Missing (%)	4 (25)	7 (39)	7 (22)	0 (0)	
ARI mean	3.9 (3.1-5.2)	5.6 (4.4-6.8)	6.8 (5.1-7.4)	7.1 (6.1-7.9)	<0.001
Missing (%)	0 (0)	0 (0)	0 (0)	0 (0)	

474 Values are presented as medians with interquartile range. Kruskal Wallis for global differences between groups.

475 ARI; Autoregulatory Index, CPP; cerebral perfusion pressure

476 **Figure legends**

477

478 **Figure 1.** Flow chart of the study population.

479

480 **Figure 2.** Dot-plot of dynamic cerebral autoregulation index (ARI) (a) and cerebral perfusion
481 pressure (b) in eclampsia, preeclampsia with severe features (PE SF), preeclampsia without
482 severe features (PE without SF) and normotensive pregnancies. Medians are marked in each
483 group. Differences between groups are estimated by Mann Whitney U-test with Bonferroni
484 correction.

Journal Pre-proof

Journal Pre-proof



